

# WORKHEALTH WORKSAFE FREE HEALTH



Nursing Australia is an Endorsed Service Provider (ESP) for the WorkSafe WorkHealth program which provides Victorian workers with free health checks in their workplace.

The WorkHealth program provides workers with information and advice of modifiable lifestyle behaviours such as; physical inactivity, excess alcohol consumption, poor diet and smoking. Workers identified as at high risk for Diabetes Type 2 may be eligible for a free lifestyle intervention program to help reduce their risk.

Nursing Australia is a leading supplier of healthcare staffing services with over 20 years experience nationally. Health checks are performed by carefully selected Registered Nurses who are experienced and trained according to the WorkHealth WorkSafe program.

## Each check takes between 15-20 minutes and includes:

A Self Assessment Questionnaire  
Cardiovascular Risk Assessment  
Type 2 Diabetes Risk Assessment  
Worker Health Check Booklet

Waist Measurement  
Blood Pressure  
Blood Glucose  
Blood Cholesterol

## For further information and to request Nursing Australia to perform your worker health checks:

1. Simply complete the attached Application Form below - You will be requested to provide the Nursing Australia **ESP** code which is **1053**.

**OR**

2. Visit [www.workhealth.vic.gov.au](http://www.workhealth.vic.gov.au) to complete the online application and enter the Nursing Australia **ESP** code **1053**